



WHAT IS DERMAPLANING?

Dermaplaning is a minimally invasive cosmetic procedure for your skin. This procedure is ideal for women of all skin types in their 30s and beyond, in good overall health and interested in improving the health and appearance of their skin. A special instrument is used to shave away the uppermost layers of dead skin and vellus hair, aka “peach fuzz”. This is only a temporary fix because your hair will grow back, but contrary to myths it will NOT make your hair grow back darker or more coarse. Dermaplaning can help reduce the appearance of acne scars or other skin imperfections by revealing newer, undamaged skin. It can make your skin look younger; though, it doesn't stop the aging process.

One of the great things about dermaplaning is that your results are immediate! There is no downtime or waiting to look your best, which makes it a perfect treatment before an important event. You'll see brighter, smoother, softer skin that glows and feels renewed, notice reduced appearance of fine lines, hyperpigmentation, acne scars, and a noticeable difference in the application of skincare products and makeup.

HOW LONG WILL IT TAKE & WHAT IS INCLUDED?

Each appointment takes approximately one hour. Choose from a 45-minute dermaplaning facial that includes cleansing, toning, dermaplaning, enzymes, serum, moisturizer and SPF or a 60-minute facial that includes everything in a 45-minute facial, plus a soothing gel mask infused with calming/hydrating blends and take-home moisturizer.

LED light therapy and/or chemical peels are optional enhancements, with blue LED light to target acne or red LED light to rejuvenate the skin, improving fine lines, wrinkles and hyperpigmentation. With this type of facial, steam, hot towels or facial massage is offered, because it will overstimulate the skin, but a relaxing scalp, neck and shoulder massage can be incorporated into the 60-minute session upon request.

HOW OFTEN SHOULD I HAVE DERMAPLANING?

Appointments every 4-6 weeks will help maintain results and you will begin to see improvements in your skin, to look and feel your best!

ARE THERE ANY RESTRICTIONS?

Dermaplaning is not recommended for those who have an active case of acne, cold sore outbreaks, eczema, moles, skin tags or other skin growths, psoriasis, skin burns, such as those from radiation therapy, thin skin, skin rashes (contact dermatitis), those with bleeding disorders or who take prescribed blood thinners. It is recommended to avoid direct sun and heat for 5-7 days post procedure, and use SPF (as you should anyway!)